8th International Conference on Sleep Disorders

SEASM 2026

21st to 23rd August 2026

ENT SLEEP MEDICINE
Workshop Program

21st FRIDAY August | **9.00 AM TO 4.00 PM**

LIFE CARE INSTITUTE OF HEAD AND NECK SCIENCES (LIOHN)
Beside Sarva Mangal Hall, Near Swami Vivekananda Road Chowk, Memnagar, Ahmedabad, Gujarat 380052

TIMING	TOPICS	SPEAKER
	PHASE 1: DIAGNOSTICS	
08:00AM-08:20AM	Registration & Introduction	DR. RAJAN MERAI
08:20AM-08:40AM	Surgical Anatomy & Dynamics of the Upper Airway: Adult vs. Pediatric	DR. DEVANG GUPTA
08:40AM-09:00AM	Clinical Evaluation in OSA (Phenotyping and endotyping) : Importance in ENT Practice	DR. RAHUL GUPTA
09:00AM-09:20AM	Polysomnography (PSG) / Home Sleep Apnea Testing (HSAT) - The current practice guidelines	DR. RAJDEEP DHANDHUKIA
09:20AM-09:40AM	DISE simplified : Anaesthetic Protocols, VOTE Classification & Interventional DISE	DR. RAHUL NAHAR
	PHASE 2: SURGICAL VIDEO SESSION (WITH INTEGRATED Q&A)	
09:40AM-10:40AM	"Crossfire with Surgical Videos : Pediatric	
	Coblation-Assisted Tonsillectomy Intracapsular (CIT) vs Extracapsular (ECT)	DR. HEER PATEL (ICT) DR. RAHUL NAHAR (ECT)
	Crossfire with Surgical Videos : Endoscopic	
	Adenoidectomy Transnasal (TNEA) vs Transoral (TOEA)	DR. DEVANG GUPTA (TNEA) DR. RAJAN MERAI (TOEA)
10:40AM-11:10AM	Role of nose , paranasal sinuses & nasopharynx in OSAS - Adult	DR. MANISH GOYAL
11:10AM-11:30AM	**COFFEE BREAK**	
11:30AM-12:30PM	Role of Palatal Surgery in Adult OSAS (e.g.,BRP, ESP, Relocation Pharyngoplasty)	DR. RAHUL GUPTA
12:30PM-01:00PM	Tongue Base & Epiglottic Procedures in Adult OSAS	DR. SRINIVAS KISHORE
01:00PM-02:00PM	**NETWORKING LUNCH**	

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	PHASE 3: ADVANCED THERAPEUTICS & SLEEP BOARD	
02:00PM-02:30PM	"Post-Operative Management & Complications (Bleeding, VPI and Residual OSA) in Adult OSAS"	DR. SRINIVAS KISHORE
02:30PM-02:50PM	Emerging Frontiers in OSAS: Hypoglossal Nerve Stimulation, Targeted Pharmacotherapy, and Skeletal Expansion	DR. SRINIVAS KISHORE
02:50PM-04:00PM	**GRAND PANEL DISCUSSION**	**PANELIST:**
	The Multidisciplinary Sleep Board Concept in Solving Complex Adult & Pediatric Cases Format: Case-based crossfire panel featuring an ENT Surgeon, Pulmonologist, Pediatrician, oral and maxillofacial Surgeon, neurologist /endocrinologist/ bariatric surgeon **MODERATOR:** DR. NAVIN K PATEL (ENT)	DR. SRINIVAS KISHORE DR. SHAILEN MODI (ENT) DR. NAMAN PATEL (Pulmo.) PAEDIATRICIAN ENDOCRINOLOGIST NEUROLOGIST BARIATIC SURGEON DR. YAMA PATEL (Dental & OMFS)
04:00PM-06:00PM	DRUG INDUCED SLEEP ENDOSCOPY HANDSONN Multiple sessions according to the people registering	DR. DEVANG GUPTA DR. RAHUL GUPTA DR. MANISH GOYAL DR. RAJAN MERAI DR. SHAILEN MODI
04:00PM-05:00PM	Polysomnography ---> Basics of Sleep Study Interpretation & Quiz	DR. DHARIT SHAH DR. DHRUMIN PRAJAPATI

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