8th **International** Conference on Sleep Disorders

SEAASM 2026

21st to 23rd August 2026

Pediatric Sleep Workshop Program

21st FRIDAY August | 9.00AM TO 4.00PM | APOLLO HOSPITAL | Ahmedabad - Gandhinagar Rd, GIDC Bhat, Estate, Ahmedabad, Gujarat 382428

Time	Session	Speaker
09:00am–01:00pm	**MORNING SESSION THEORY**	
08:45am–09:00am	Registration	
09:00am–09:15am	Welcome & Workshop Orientation	
09:15am–10:00am	**Spectrum of Pediatric Sleep Disorders and Classification**	**Dr Kashmira Jhala**
10:00am–10:30am	**Sleep Diagnostics in Pediatrics**	**Dr Bharath Reddy**
10:30am–11:00am	**Interpretation of PSG in Children**	**Mr Pankaj Arora**
Chairpersons: Dr Ajay Shah | Dr Rahul Jalan | Dr Jayant Trivedi | Dr Chintan Shah		
11:00am–11:15am	**TEA / COFFEE BREAK**	
11:15am–01:00pm	**Case-Based Discussions**	
	SDB and OSA	**Dr Mitesh Kakkad**
Chairpersons:	Dr Pushkar Srivastav | Dr Vipul Sengel	
	Pediatric Insomnia	**Dr Bharath Reddy**
Chairpersons:	Dr Jigna Dave | Dr Raju Shah	
	Parasomnia	**Dr Anand Iyer**
Chairpersons:	Dr Swetang Jani | Dr Jay Shah	
	Circadian Rhythm Disorders	**Dr Bharath Reddy**
Chairpersons:	Dr Kiran Rami | Dr Prachi Gupta	
01:00pm-01:45pm	**LUNCH**	
01:45pm-04:00pm	**AFTERNOON SESSION — HANDS-ON WORKSTATIONS**	
1:45 - 2:30 - 3:15 - 4:00pm (rotating)	**Workstation 1: PSG Connections in Children**	**Dr Kashmira Jhala** **Mr Pankaj Arora**
1:45 - 2:30 - 3:15 - 4:00pm (rotating)	**Workstation 2: DISE (Drug Induced Sleep Endoscopy) in Children**	**Dr Bharath Reddy** **Dr Mitesh Kakkad**
1:45 - 2:30 - 3:15 - 4:00pm (rotating)	**Workstation 3: NIV Interfaces & Devices in Children**	**Dr Trupti Gadhvi** **Dr Rahul Jalan**
04:00pm–04:15pm	**TEA BREAK**	
04:15pm–05:00pm	**SETTING UP OF PAEDIATRIC SLEEP SERVICES | Q&A FEEDBACK | CERTIFICATE DISTRIBUTION**	

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